



# PRESTONFIELD

PRESTONFIELD HOUSE EDINBURGH

## Spring Afternoon Tea

GLUTEN FREE MENU



AFTERNOON TEA



PRESTONFIELD'S GLUTEN FREE **SPRING** AFTERNOON TEA  
£60 PER PERSON

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**EDIBLE HERB GARDEN**

Wild garlic hummus topped with edible soil, garden herbs, button mushrooms à la Grecque, radishes, asparagus, baby carrots, flowers, nasturtium leaves

**SANDWICHES**

Spring chicken and spring onion mayonnaise seeded slider bun  
Home smoked salmon mayonnaise, avocado and cream cheese triple decker stacker sandwich  
Ayrshire gammon glazed with Prestonfields own honey rhubarb and ginger chutney finger sandwich  
Dalkeith's Smeaton farm free range egg and chive mayonnaise sandwich

**SCONES**

Plain and fruit buttermilk scones with clotted cream and raspberry jam

**CAKES**

Lavender honey mousse and apricot bumble bee  
Earl Grey and chocolate orange gâteau  
Bramley apple pie  
Lemon drizzle cake



PRESTONFIELD'S GLUTEN FREE **SPRING** CHAMPAGNE AFTERNOON TEA  
Served with a glass of Billecart - Salmon Brut Réserve

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£75 PER PERSON

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Dishes may change due to availability of produce and disruption to deliveries from our suppliers

**FOOD ALLERGIES**

If you have a food allergy please advise a member of staff before ordering so that we can advise you if your choice of dish includes any of the 14 key ingredients including celery, cereals, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sesame seed, soya and sulphur dioxide.

## PRESTONFIELD'S TEA SELECTION

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### SCOTTISH BREAKFAST

*A strong malty breakfast tea blended in Edinburgh by our local Edinburgh tea merchants in Rosevear Tea. Malty large leaved tea from India and China, with a hint of sweet orchid flowers and softly smoking cinders, combine to give a reassuringly strong brew.*

### QUEENS BREAKFAST

*This blend of Ceylon and Darjeeling black teas is made especially in honour of Queen Elizabeth II. It combines the floral aromas of Darjeeling with the richness and strength of Ceylon.*

### EARL GREY BLUE FLOWER

*A full-bodied black tea with aromatic bergamot and blue cornflower petals. A superb Earl Grey.*

### FIRST FLUSH DARJEELING

*Tea from Darjeeling is known as the 'Champagne of teas' and the most sought-after Darjeeling teas are plucked in the first harvest (known as the first flush). Aromatic with vegetal, mossy and citrus notes.*

### LAPSANG SOUCHONG

*The scent of a wood-burning fire and the taste reminiscent of a smoky single-malt whisky. This is an earthy, smoky, aromatic and truly delicious tea. 'Lapsang Souchong' was a favourite tea of Sir Winston Churchill and is one of the most recognisable of all Chinese teas.*

### JASMINE BLOSSOM

*This organic Jasmine Blossom green tea has been naturally scented with jasmine by layering fresh jasmine flowers onto the tea and then removing them four times.*

### ROSE PETAL

*The fragrance of roses in a cup. Freshly dried rose petals blended with an aromatic Chinese congou black tea and essence of Rose.*

### SCOTTISH FUDGE BLACK TEA

*There is an enticing sweet aroma of toast and caramel with the strong authentic taste of creamy fudge. The full-bodied rich black tea from China is perfectly balanced by the sweet notes of caramel. Scottish fudge tea can be enjoyed on its own or with milk. While this blend is deliciously sweet, the sweetness is not overpowering.*

### BLACK FIG SENCHA

*A combination of fig and whole forest fruits. The honey sweetness of fig is twinned with the succulence of whole forest fruits. A beautiful tea with leaves that can be reinfused for a second brew.*

### GREEN DRAGON

*A full flavoured green tea from Yunnan, the birthplace of tea in China with a fresh, clear and relatively strong infusion when infused for several minutes, but it is also a tea that can be enjoyed lightly infused for a delicious subtle grassy note.*

### EVENING CHAI

*A beautiful warming and spicy herbal blend on a base of cocoa and carob pieces, with the delightful addition of exotic spices that include cinnamon, cardamom, ginger, liquorice and cloves, with an added sweet vanilla note.*

### RHUBARB ROOIBOS

*A blend of rooibos and rhubarb pieces. It has the distinct, authentic taste of rhubarb with a creamy vanilla undertone from the rooibos base. A perfect caffeine-free infusion to savour in Prestonfield House where Rhubarb was first introduced to Scotland.*

### WHOLE LEAF PEPPERMINT

*Exceedingly aromatic whole peppermint leaves. The most intense peppermint tea we have ever tried.*

### CAMOMILE FLOWERS

*Very aromatic with notes of apple and a floral sweetness. Take a moment to relax with this classic herbal tea. Camomile flowers are reputed to reduce insomnia and stress while boosting the body's immune system.*

### LEMON & GINGER

*A blend of lemon peel and ginger pieces that makes a strong citrus and ginger infusion. There is so much flavour that this blend can be reinfused another three or four times. So much more real and strong than any Lemon and Ginger flavoured teabag. A refreshing caffeine-free drink.*

### LAZY SUMMER AFTERNOON

*Black tea with rhubarb pieces. Velvety smooth, with notes of strawberry, cocoa, caramel and vanilla. It is the perfect drink to savour in Prestonfield House where rhubarb was first introduced to Scotland.*

### VANILLA

*Rich Assam and Ceylon black teas with vanilla pieces. Touches of burnt sugar from the vanilla together with hints of citrus from the Ceylon emerge to make a fascinating and fabulous tea.*

### HAZELNUT

*Chinese black tea with hazel leaves give this blend a rich nutty flavour and a natural vanilla sweetness.*

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LATTE, CAPPUCCINO, AMERICANO, MOCHA, ESPRESSO, FLAT WHITE, HOT CHOCOLATE



## MOCKTAILS

£7

### 'TEATOTAL'

Rhubarb rooibos tea, lime juice, simple syrup topped with ginger beer.

### TEA AND TONIC

Earl Grey tea, lemon juice, simple syrup and fever-tree tonic water.



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