

## PRESTONFIELD

PRESTONFIELD HOUSE EDINBURGH

# Summer Afternoon Tea



GLUTEN FREE MENU



### PRESTONFIELD'S GLUTEN FREE SUMMER AFTERNOON TEA £60 PER PERSON

#### AMUSE BOUCHE

Chilled gazpacho

#### **SAVORIES**

Cherry tomato cheesecake Garden pea, mint, and apple marigold seeded cracker Whipped Applewood on cranberry toast with apricot ketchup and sweet cicely

#### **SANDWICHES**

Lemon chicken and green goddess Honey roast Ayrshire ham, pineapple chutney Smeaton farm free range egg Caesar Seeded open prawn Marie rose

#### **SCONES**

Plain and fruit scones with clotted cream and homemade strawberry jam

#### **CAKES**

Apricot and pistachio macaron Coconut, pineapple and ginger mousse Strawberry tart, mascarpone, black pepper Lemon drizzle cake

## PRESTONFIELD'S GLUTEN FREE **SUMMER** CHAMPAGNE AFTERNOON TEA

Served with a glass of Billecart - Salmon Brut Réserve

#### **£75 PER PERSON**

Dishes may change due to availability of produce and disruption to deliveries from our suppliers

#### **FOOD ALLERGIES**

If you have a food allergy please advise a member of staff before ordering so that we can advise you if your choice of dish includes any of the 14 key ingredients including celery, cereals, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, nuts, peanuts, sesame seed, soya and sulphur dioxide.

#### PRESTONFIELD'S TEA SELECTION

#### SCOTTISH BREAKFAST

A strong malty breakfast tea blended in Edinburgh by our local Edinburgh tea merchants in Rosevear Tea. Malty large leaved tea from India and China, with a hint of sweet orchid flowers and softly smoking cinders, combine to give a reassuringly strong brew.

#### **QUEENS BREAKFAST**

This blend of Ceylon and Darjeeling black teas is made especially in honour of Queen Elizabeth II. It combines the floral aromas of Darjeeling with the richness and strength of Ceylon.

#### **EARL GREY BLUE FLOWER**

A full-bodied black tea with aromatic bergamot and blue cornflower petals. A superb Earl Grey.

#### FIRST FLUSH DARIEELING

Tea from Darjeeling is known as the 'Champagne of teas' and the most sought-after Darjeeling teas are plucked in the first harvest (known as the first flush).

Aromatic with vegetal, mossy and citrus notes.

#### LAPSANG SOUCHONG

The scent of a wood-burning fire and the taste reminiscent of a smoky single-malt whisky. This is an earthy, smoky, aromatic and truly delicious tea. 'Lapsang Souchong' was a favourite tea of Sir Winston Churchill and is one of the most recognisable of all Chinese teas.

#### **JASMINE BLOSSOM**

This organic Jasmine Blossom green tea has been naturally scented with jasmine by layering fresh jasmine flowers onto the tea and then removing them four times.

#### **ROSE PETAL**

The fragrance of roses in a cup. Freshly dried rose petals blended with an aromatic Chinese congou black tea and essence of Rose.

#### WHITE SAKURA

White Sakura has sweet aromatic cherry blossom notes that are perfectly balanced by the white tea. The delicate and bright cherry blossom flavour is released quickly so it only needs to be steeped for 3 minutes.

#### **BLACK FIG SENCHA**

A combination of fig and whole forest fruits.

The honey sweetness of fig is twinned with the succulence of whole forest fruits. A beautiful tea with leaves that can be reinfused for a second brew.

#### **GREEN DRAGON**

A full flavoured green tea from Yunnan, the birthplace of tea in China with a fresh, clear and relatively strong infusion when infused for several minutes, but it is also a tea that can be enjoyed lightly infused for a delicious subtle grassy note.

#### **EVENING CHAI**

A beautiful warming and spicy herbal blend on a base of cocoa and carob pieces, with the delightful addition of exotic spices that include cinnamon, cardamom, ginger, liquorice and cloves, with an added sweet vanilla note

#### **RHUBARB ROOIBOS**

A blend of rooibos and rhubarb pieces.
It has the distinct, authentic taste of rhubarb
with a creamy vanilla undertone from the rooibos
base. A perfect caffeine-free infusion to savour
in Prestonfield House where Rhubarb was first
introduced to Scotland.

#### WHOLE LEAF PEPPERMINT

Exceedingly aromatic whole peppermint leaves. The most intense peppermint tea we have ever tried.

#### **CAMOMILE FLOWERS**

Very aromatic with notes of apple and a floral sweetness.

Take a moment to relax with this classic herbal tea.

Camomile flowers are reputed to reduce insomnia and stress while boosting the body's immune system.

#### **LEMON & GINGER**

A blend of lemon peel and ginger pieces that makes a strong citrus and ginger infusion.
There is so much flavour that this blend can be reinfused another three or four times. So much more real and strong than any Lemon and Ginger flavoured teabag. A refreshing caffeine-free drink.

#### INDOCHINA BLUE OOLONG

Oolong tea from Vietnam with a creamy flavour, floral notes and an exquisite aroma. This is a relatively green oolong tea and is one of our favourites. The tightly coiled dark green leaves unravel during the infusion making a heavenly full flavoured floral and creamy tea.

#### **ALBIUS VANILLA GREEN TEA**

Albius Vanilla Green tea has creamy vanilla notes and a sweet aroma that is reminiscent of a Parisian patisserie in the springtime. All that indulgence without the calories. Delicious.



## **MOCKTAILS**

£7

## SAICHO JASMINE

Sparkling cold brewed tea

## SAICHO DARJEELING

Sparkling cold brewed tea

For more delicious cocktails and mocktails, please see our cocktail list

